

# LEAF SOME TIME FOR *you*

E & E WORKOUT

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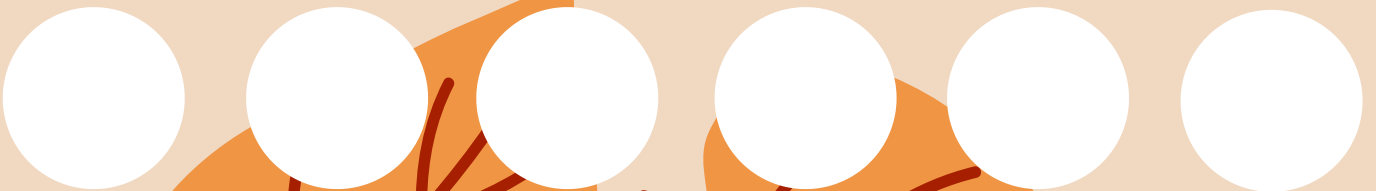
E & E WORKOUT

CARDIO

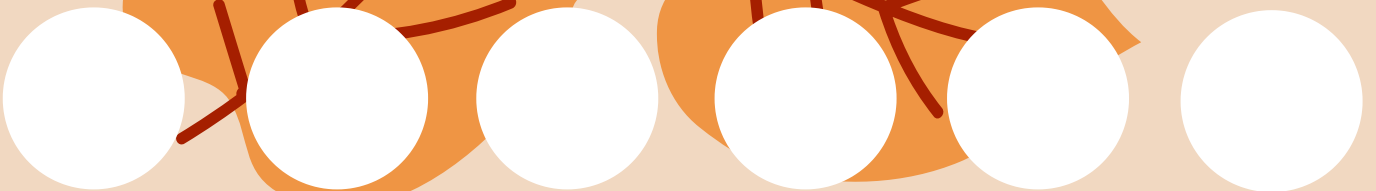
FILL MY CUP

POST ON STORY

WK 1



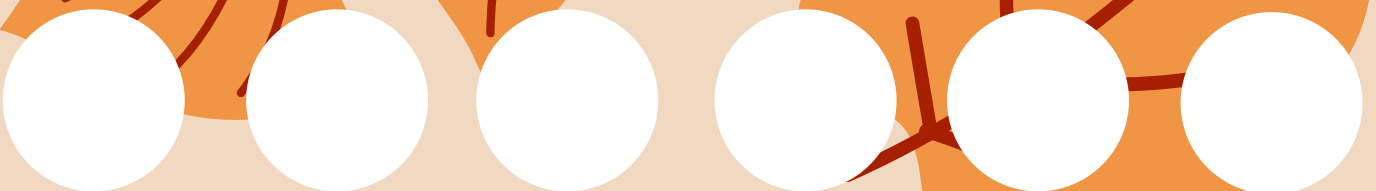
WK 2



WK 3



WK 4



EXPECTING AND EMPOWERED